

**50 Plus Activity Centre**  
**Peachland and District Retirement Society**  
**5672 Beach Ave., Peachland BC V0H 1X6**

**Phone: 250-767-9133 email: 50plusactivitycentre@gmail.com web: peachland50plusactivitycentre.ca**

| Sunday                           | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday   |
|----------------------------------|--|--|--|---|--|--|
|                                  |  |  |  |   |  | <b>1</b>   |
|                                  |  |  |  |   |  | <b>9.30-12</b><br><b>Carpet bowling</b>  |
| <b>2</b>                         | <b>3</b>   | <b>4</b>   | <b>5</b>   | <b>6</b>  | <b>7</b>   | <b>8</b>   |
|                                  | 8-9am 50+ Fitness<br>9:30-11am Variety Singers<br>12pm-We Art Here<br>1 pm – 3.30pm<br>5.30-8.30PM TAE KWON DO         | 8:30am-9:30am – Yoga<br>9.30-12 Carpet bowling<br>12-1pm – AA (Rental)<br>1-4pm – Mahjong<br>1-4pm – Passion 4 Art<br>4:30-5:30pm – Line Dancing<br>6-7pm Cloggers   | 9:00 am 50 + Fitness<br>10.30-11.30 Chair Yoga<br>1:00-3:30 Bridge (only half hall)<br>5;30-8.30PM TAE KWON DO   | 8:30-9:30am – Yoga<br><b>11 am Iron &amp; Silk</b><br><b>12-4PM- AVAILABLE HALF</b><br>1:00-2:30pm Ukulele<br><br><b>BINGO-DOORS OPEN</b><br><b>5:30-START 6:30</b> | 9:00-10 am 50 + Fitness<br>10:15-12:00 Coffee Bean<br>10:30-11:30 Chair Yoga<br><b>12-1 PM HALL AVAILABLE</b><br>1-4pm – Canasta<br>1-3 Knitting   | <b>9:30-12pm</b><br><b>Carpet Bowling</b><br><br><b>RENTAL 12 – 3PM</b><br><b>SHI ANNE</b>       |
| <b>9</b>                         | <b>10</b>  | <b>11</b>  | <b>12</b>  | <b>13</b>   | <b>14</b>  | <b>15</b>  |
|                                  | 8-9 am 50+ Fitness<br>9:30-11am Variety Singers<br>12pm-We Art Here<br>1 pm – 3.30pm bridge<br>5:30-8:30pm TAE KWON DO | 8:30am-9:30am – Yoga<br>9:30-12pm Carpet Bowling<br>12-1pm – AA (Rental)<br>1-4pm – Mahjong<br>1-4pm – Passion 4 Art<br>4:30-5:30pm – Line Dancing<br>6-7pm Cloggers                                       | 9:00 am 50 + Fitness<br>10:30-11:30 Chair Yoga<br>1:00-3:30 Bridge (Use only half hall)<br>5.30-8.30 TAE KWON DO | 8:30-9:30am – Yoga<br><b>11 am Iron &amp; Silk</b><br><b>12-4PM- AVAILABLE HALF</b><br>1:00-2:30pm Ukulele  | 9:00-10 am 50 + Fitness<br>10:15-12:00 Coffee Bean<br>10:30-11:30 Chair Yoga<br><b>12-1 PM HALL AVAILABLE</b><br>1-4pm – Canasta<br>1-3 Knitting<br><b>RENTAL 5-10PM</b>                                   | <b>9:30-12pm</b><br><b>Carpet Bowling</b><br><br><b>RENTAL 12 – 9 PM</b><br><b>CASSIE GLOVER</b> |
| <b>16</b>                        | <b>17</b>  | <b>18</b>  | <b>19</b>  | <b>20</b>   | <b>21</b>  | <b>22</b>  |
| <b>Bluegrass</b><br><b>2-5pm</b> | 8-9am 50+ Fitness<br>9:30-11am Variety Singers<br>12pm-We Art Here<br>1pm – 3.30 pm Bridge<br>5:30-8:30 Tae KWon Do    | 8:30am-9:30am – Yoga<br>9:30-12pm Carpet Bowling<br>12-1pm – AA (Rental)<br>1-4pm – Mahjong<br>1-4pm – Passion 4 Art<br>4:30-5:30pm – Line dancing<br>6.00-6.45pm Cloggers<br><b>6:45 TREASURE HUNTERS</b> | 9-10 AM 50+ Fitness<br>10:30-11:30 Chair Yoga<br>1:00-3:30 Bridge<br>5:30-8:30 TAE KWON DO                       | 8:30-9:30am – Yoga<br><b>11 am Iron &amp; Silk</b><br><b>12-4PM- AVAILABLE HALF</b><br>1:00-2:30pm Ukulele<br><br><b>BINGO-DOORS OPEN</b><br><b>5:30-START 6:30</b> | 9:00-10 am 50 + Fitness<br>10:15-12:00 Coffee Bean<br>10:30-11:30 Chair Yoga<br><b>12-1 PM HALL AVAILABLE</b><br>1-4pm – Canasta<br>1-3 Knitting   | <b>9:30-12pm</b><br><b>Carpet Bowling</b><br><br><b>PWPA RENTAL</b><br><b>5-9PM</b>              |
| <b>23</b>                        | <b>24/31</b>   | <b>25</b>  | <b>26</b>  | <b>27</b>   | <b>28</b>  | <b>29</b>  |
| - - - - -<br><b>30</b>           | 8-9am 50+ Fitness<br>9:30-11am Variety Singers<br>12pm-We Art Here<br>1pm-3.30pm Bridge<br>5:30-8:30 Tae KWon Do       | 8:30am-9:30am – Yoga<br>9:30-12pm Carpet Bowling<br>12-1pm – AA (Rental)<br>1-4pm – Mahjong<br>1-4pm – Passion 4 Art<br>4:30-5:30pm – Line Dancing<br>6-7pm Cloggers                                       | 9-10 AM 50+ Fitness<br>10:30-11:30 Chair Yoga<br>1:00-3:30 Bridge<br>5:30-8:30 Tae Kwon Do                       | 8:30-9:30am – Yoga<br>11AM Iron & Silk<br><b>12-4PM- AVAILABLE HALF</b><br>1:00-2:30pm Ukulele<br><b>Bert 90 birthday</b>   | 9:00-10 am 50 + Fitness<br>10:15-12:00 Coffee Bean<br>10:30-11:30 Chair Yoga<br><b>12-1 PM HALL AVAILABLE</b><br>1-4pm – Canasta<br>1-3 Knitting<br><b>POTLUCK 5:30 -8:00 * pm</b><br><b>IRISH DANCERS</b> | <b>9:30-12pm</b><br><b>Carpet Bowling</b><br><br><b>RENTAL PANACK</b><br><b>NOON - ON</b>        |